

National Carers Week Programme of Events

Stockton-on-Tees Adult Carers Support Service

Monday 10 – Sunday 16 June 2024

Monday 10 June	Tuesday 11 June
<p>11am-1pm 'Mapping your Memories'.</p> <p>Join us for a trip down memory lane with Stockton-on-Tees Libraries.</p> <p>Looking at historical maps, visual walks and reminiscing about Stockton-on-Tees over the years.</p> <p>Dementia Hub, Thorntree Rd, Thornaby, Stockton-on-Tees TS17 8AP</p> <p>Open to all carers and their loved one - no booking required.</p>	<p>1pm-3pm Carer Peer Support Group Celebration Session</p> <p>Join us for a catch up and celebration with tea and cake provided.</p> <p>John Whitehead Park Café, Billingham</p> <p>No booking required</p>

Wednesday 12 June	Thursday 13 June	Friday 14 June
<p>10-2pm Wellington Square Stall</p> <p>Pop along for support, advice and information around your caring role and meet the Stockton-on-Tees Adult Carers Support Team.</p> <p>Wellington Square, Stockton High Street</p>	<p>10:30-12pm Virtual Coffee Morning</p> <p>Join us for a coffee on Microsoft Teams to speak with other informal carers.</p> <p>Please email carerssupport@stockton.gov.uk if you wish to join us.</p>	<p>Special Edition E-Bulletin to highlight National Carers Week Events</p> <p>Email carerssupport@stockton.gov.uk to be added to the bulletin list.</p>

For more information on any of our sessions, to book a place or be added to the Carers E-bulletin please contact us

Tel: 01642 524494

Email: carerssupport@stockton.gov.uk

Please follow us for updates on social media

Facebook: Stockton-on-Tees Adult Carers' Support Service

Instagram: @sotadultcarers

Twitter: @SOTadultcarer