

## What should I do?

If you see or hear something that concerns you, or you suspect somebody is being abused, or someone tells you they are being abused.

Report it without delay:

## See It, Report It!

If you suspect a neighbour, friend or family member is being neglected or abused, or you need help yourself.

Call Cleveland Police 101 or 999 in an emergency

Call your local Adult Social Care Team:

Hartlepool	01429 523 390
Middlesbrough	01642 065 070
Redcar & Cleveland	01642 771 500
Stockton-on-Tees	01642 527 764
Evenings & Weekends	01642 524 552

If you are unsure, talk to your local adult social care team on the above number, they will listen to you and give you good advice. You can talk to them without giving your name. Alternatively you can report suspected abuse and neglect using a Concern Form found here:

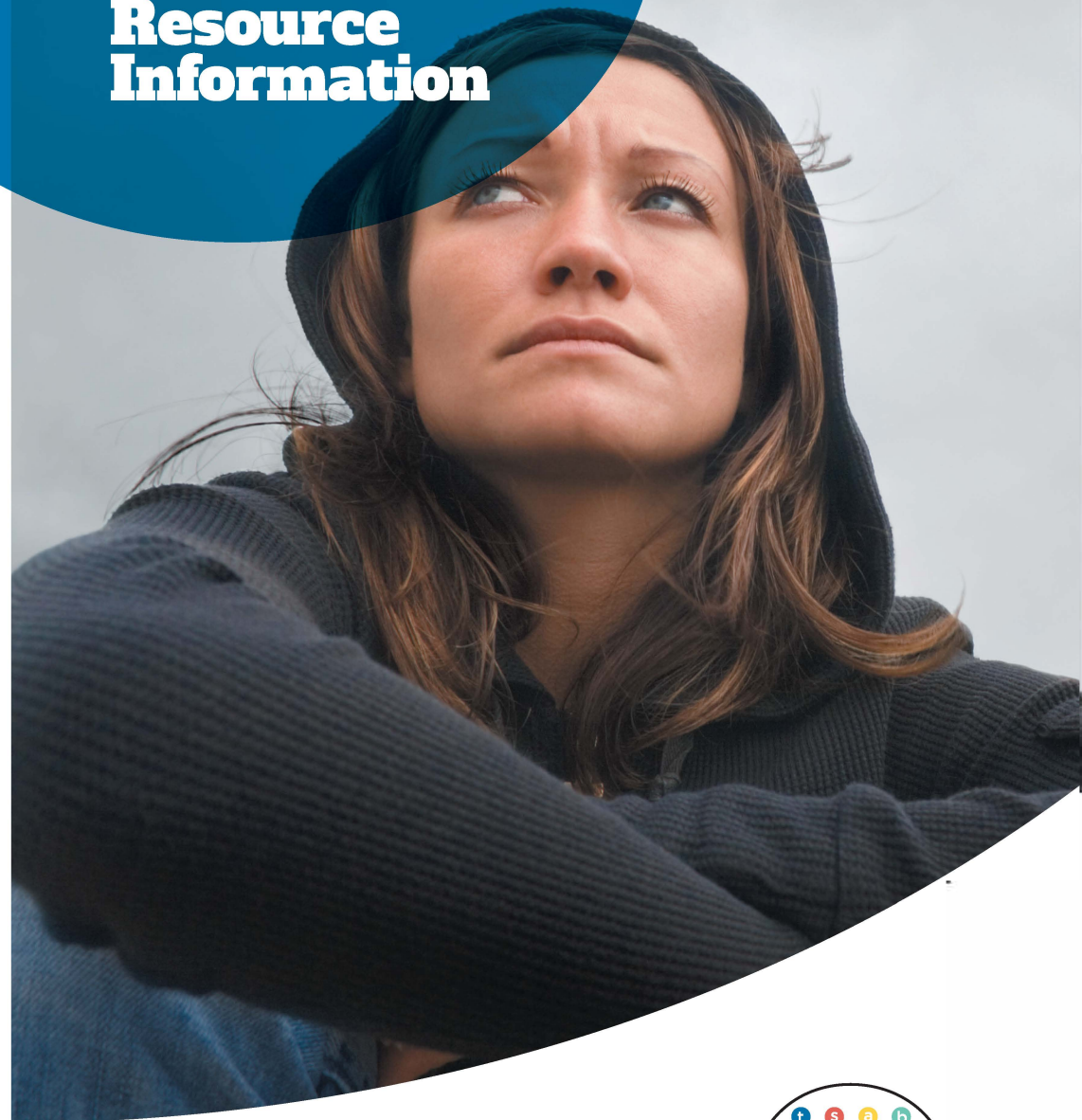
<https://www.tsab.org.uk/report-abuse/>

## Think Family

Consider risks to others which may include children or other adults with care and support needs. Should there be a concern that a parent may be neglecting children in their care, concerns should be reported to Children's Social Care. Contact numbers can be found here: <http://www.teescpp.org.uk/>

This leaflet can be found online at <https://www.tsab.org.uk/key-information/posters/>. Please share within your organisation.

# Preventing Adult Abuse Resource Information



[www.tsab.org.uk](http://www.tsab.org.uk)

Our safeguarding arrangements will effectively prevent and respond to adult abuse



The Teeswide Safeguarding Adults Board (TSAB) has a number of free resources available to help prevent Adult Abuse and Neglect across Tees.

## TSAB Policy, Procedures and Guidance

Local Policies, Procedures and Guidance can be found on the TSAB website: <https://www.tsab.org.uk/key-information/policies-strategies/>

## Training and Learning Resources

**E-Learning** – <https://www.tsab.org.uk/training/> Free E-learning 'Teeswide Safeguarding All' suite of e-learning safeguarding courses across Children and Adults in conjunction with Me-Learning.

**Workbooks** - <https://www.tsab.org.uk/professionals/training-resources/> Can be printed from the website and completed at your leisure. Workbooks include: Safeguarding Adults Awareness, The Mental Capacity Act and Deprivation of Liberty Safeguards, Domestic Abuse, Forced Marriage, Female Genital Mutilation, Prevent, Modern Slavery, Self-Neglect and Trauma Informed Practice.

**Current Training Events** – <https://www.tsab.org.uk/events-key-dates/>. TSAB provide a range of face to face and virtual training courses. To find more information on available courses, visit our website.

**Safeguarding Adult Reviews** - <https://www.tsab.org.uk/professionals/safeguarding-adult-review-sar-reports/> SAR's promote effective learning and improvement action to prevent future deaths or serious harm occurring again.

**Learning Briefings** - <https://www.tsab.org.uk/key-information/learning-briefings/> TSAB's 7-minute briefings are a quick and simple way to share learning on various safeguarding topics.

## Become a Safeguarding Champion

Safeguarding Champions help to broaden TSAB's reach in order to share key safeguarding messages far and wide; to improve general awareness of safeguarding and how people can access support. Anyone who works with or comes into contact with adults who may have care and support needs can be a champion.

For further information visit: <https://www.tsab.org.uk/campaigns-and-initiatives/safeguardingchampionsarea/>

## Find out about what is happening across Tees via our Website and Social Media Channels:



Our social media channels, including Facebook and YouTube can be accessed via our website.

<https://www.tsab.org.uk/>

## Communication and Promotional Materials

**Leaflets and Posters** - <https://www.tsab.org.uk/professionals/posters/> Including the Protecting Adults from Abuse and Neglect Leaflet in 7 different languages.

**Videos** - <https://www.tsab.org.uk/key-information/safeguarding-explained-videos/>

**Newsletters** - <https://www.tsab.org.uk/professionals/newsletters/> If you would like to receive our newsletters please complete this short form <https://www.tsab.org.uk/disclaimer-privacy-statement/>

## Find support in your area

Support can be accessed from a range of organisations based locally across Tees, as well as nationally, which are specifically set up to help people affected by the issues linked to adult abuse and neglect.

All of the main local providers of support services are mapped by Borough and type of abuse and neglect via this webpage: <https://www.tsab.org.uk/key-information/find-support-in-your-area/>



## Safe Place Scheme

Safe Place Scheme locations are venues in the community where people who need extra support can go if they need some help. This 'help' can range from a phone call to home, or help with directions. The idea is that vulnerable people can use these venues if they are feeling unsafe, whilst out in the community.

For a list of a locations in your area visit - <https://www.tsab.org.uk/campaigns-and-initiatives/find-support-in-your-area/safe-place-scheme/>

